



teignbridge
leisure

JAM PACKED MEMBERSHIP

Start your journey to a healthier lifestyle with Teignbridge Leisure. Our fantastic Jam Packed Membership offers a range of activities to help you achieve your goals.

YOUR MEMBERSHIP GIVES YOU ACCESS TO:

- 3 Leisure Centres
- Gym (to include gym induction and journey appointments)
- Over 100 Exercise classes a week
- Advanced booking privilege: 10 days in advance for members
- Public swimming
- Sauna and Steam (16+)
- Indoor racket sports
- Outdoor tennis courts
- Swimming or trampolining lessons
- Intensive lessons
- Entry to Shaldon Approach Golf
- Teignmouth Lido



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